



Flour Baby Instruction Manual 2023



Flour Baby Instruction Manual

(if only real babies came with one of these)

1. When the Assignment begins:

The assignment BEGINS:

- **Monday, 24th April at 8:15 a.m.**

The assignment ENDS:

- **Friday, 12th May at 4:30 p.m.**

After checking in Monday morning, your baby is “born” and must be treated like a real baby EVERY HOUR of EVERY DAY throughout the three weeks, including the weekends.

2. Naming your baby:

Harry Potter Voldemort

Remember, for the duration of this assignment, this is a “real baby.” Would you want your real baby to grow up with this name?

Your baby will have your last name no matter what.

3. Looking after your flour baby:

YOU are responsible for the care of your baby at all times! This is **YOUR** assignment and no one else’s.

NEVER leave your baby at home or in the boarding house to be babysat by its “grandparents” or anyone else during the school day or any other time that you could be watching your child.

a) If you are absent from school:

If you are absent from school on any day of the assignment, you must discuss this with your English teacher as soon as possible!

Usually, you will be required to bring a signed note from a parent/caregiver verifying that you did have your baby with you during this time.

If you are going to be absent for a large majority of the assignment, other arrangements must be made for you to complete this assignment.

b) Things you should NEVER do:

- NEVER mistreat or abuse your own child or anyone else's child. You will automatically be excluded from the assignment and given a failing grade.
- NEVER leave your child at home, in the boarding house, on the bus, in your locker, in your backpack, in the car, etc.
- NEVER leave your flour baby unattended. There are a lot of irresponsible people out there that could abuse your child.
- NEVER use your baby as an excuse to be disruptive or distracting in any of your teacher's classes.

c) Things you should ALWAYS do:

- ALWAYS take the assignment seriously!
- ALWAYS treat your flour baby as if it were a real baby. If there is ever any question, ask yourself, "If this were a real baby, should I do this? Would this be safe for a real baby?"
- ALWAYS report any accidents or abuse right away, whether committed by you or by someone else.
- ALWAYS follow the directions for caring for your baby in each teacher's classroom. (Example: Leaving your baby in a "Nursery Area" during class.)

4. Babysitting:

You can arrange to have a babysitter if you cannot take care of your baby for a short period of time. There are some guidelines that need to be followed:

- The baby may not be left with a babysitter for more than 3 hours at a time and only when it is not possible to take your baby with you e.g. to Games. Going to a friends house, does not count.
- A slip must be filled out each time.
- You can only have a babysitter once a day.
- The baby may not be taken care of by ANY OTHER STUDENT during the school day. If another student is caught with your baby, Flour Social Services will be called.
- If your baby cannot be taken to a certain class, you will need to make arrangements with Mrs. Bolton to tend your baby.
- Never give your baby to anyone else and go anywhere where you cannot physically see your baby.

5. Leaving your Flour Baby with a friend:

Your friends may hold your baby as long as they care for your baby appropriately AND you are with them observing the care of your child. NEVER leave your baby with a “friend” out of your sight at any time during this assignment. This is your child, therefore, your responsibility. Any abuse that occurs to your child during situations like this will count against YOUR grade. Be sure to express this to your “friends.”

6. Sleeping:

You may prepare a little “bed” or crib out of blankets or other equipment for your baby on the floor or other appropriate place in your room, at home or in the boarding house. However, be sure

that your baby is safe from animals and from being tripped over by other people.

7. **Baby Accessories:**

These are appropriate accessories:



These are not appropriate accessories:



8. What ifs...

a) *What if I must use the bathroom?*

- During Class: Leave the baby in the “Nursery Area” of the classroom or in the care of your teacher until you are finished.
- During Breaks: Take your baby to your next classroom’s “Nursery Area” first, then use the bathroom. You will NOT be excused for being tardy to your class so move fast! OR, enlist the help of a TRUSTED friend to hold your baby in the bathroom for you until you are finished.
- NEVER place your baby on the bathroom floor, balanced on the top of the bathroom stall doors or hanging inside your backpack from the door peg!!

b) *What if my baby accidently...?*

...falls off my desk, slips from my arm and falls to the floor, hits it head on the door jam, rolls off the bed/couch, etc.? Accidents will probably happen. ALL accidents should be reported as soon as possible. We will be more lenient on accidents that are reported by the parent than those reported from outside sources, (other students, teachers, custodians, etc.)

c) What if someone purposely abuses my baby and I am unable to prevent it?

Unfortunately, this is still considered child abuse. Protect your baby at all costs! If something happens that is beyond your control, please report it to your English teacher as soon as possible! Let us know what happened and who the abuser was and we will take care of it.

d) What if I see someone else abusing their baby?

REPORT IT!!! Always report abuse no matter who is committing it.....students or even teachers!

9. Baby Log Instructions:

Taking care of a baby is a full-time job. To make this as realistic as possible you must use your imagination and your acting skills. You need to pretend that your adorable sack of flour is an actual baby.

- EVERY line on EVERY day must be filled out correctly!
- Information to be logged: daily bath, nappy changes, feedings, burping, sleep time, play time, etc.
- Absolutely NO arrows are to be drawn from box to box or “ditto” or “ “ symbols drawn down the page. Every line needs to be filled in with the care being provided!

With that in mind you must:

- Feed your baby every 3-4 hours.
- Burp your baby after feeding.
- Change your baby's nappy every 3 to 4 hours.
- The baby must have a bath each day and it cannot be logged in during school or sleeping hours. (Remember, this is for pretend, don't actually get it wet)
- The baby should be rocked, held, or played with during the day when it is awake.
- The baby must be always dressed and covered with a blanket.
- All flour babies will endure a weekly weigh in to ensure that they are not gaining too much weight or losing weight.

See the examples below:

FINALLY... Don't forget to take photos of your little baby for our display!

Log Sheet

Day 2

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is being provided?	
12:00 a.m.	My House	Me	Sleeping	
1:00 a.m.	""	↓	↓	
2:00 a.m.	""			
3:00 a.m.	""			
4:00 a.m.	""			
5:00 a.m.	""			
6:00 a.m.	""			
7:00 a.m.	""			
8:00 a.m.	School		Eating	
9:00 a.m.	↓		""	
10:00 a.m.			""	
11:00 a.m.			""	
12:00 p.m.			""	
1:00 p.m.			Diaper Change	
2:00 p.m.			Sleeping	
3:00 p.m.	↓	↓	↓	
4:00 p.m.				Tennis Practice
5:00 p.m.				Ditto
6:00 p.m.				Home
7:00 p.m.				""
8:00 p.m.				""
9:00 p.m.				""
10:00 p.m.				""
11:00 p.m.				""

Log Sheet

Day 2

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is being provided?
12:00 a.m.	My House	Me	Sleeping
1:00 a.m.	My House	Me	Sleeping
2:00 a.m.	My House	Me	Eating/Burping
3:00 a.m.	My House	Me	Diaper Change/Sleeping
4:00 a.m.	My House	Me	Sleeping
5:00 a.m.	My House	Me	Sleeping
6:00 a.m.	My House	Me	Rocking
7:00 a.m.	On the BUS	Me/Friends	Eating/Burping
8:00 a.m.	School/1 st Per.	Me/Friends	Diaper Change/Sleeping
9:00 a.m.	School/1 st Per.	Me/Friends	Play Time
10:00 a.m.	School/2 nd Per.	Me/Friends	Eating/Burping/Play
11:00 a.m.	School/2 nd Per.	Me/Friends	Sleeping
12:00 p.m.	School/Lunch	Me/Friends	Sleeping
1:00 p.m.	School/3 rd Per.	Me/Friends	Sleeping
2:00 p.m.	School/4 th Per.	Me/Friends	Eating/Burping
3:00 p.m.	School/Practice	Me/Friends	Diaper Change/Play Time
4:00 p.m.	Band Practice	Me/Friends	Sleeping
5:00 p.m.	Mom's Car	Me/Family	Sleeping
6:00 p.m.	Home	Me/Family	Bath/Eating/burping
7:00 p.m.	Home	Me/Family	Diaper Change/Play Time
8:00 p.m.	Movie Theater	Me/Friends	Play Time
9:00 p.m.	Movie Theater	Me/Friends	Sleeping
10:00 p.m.	Home	Me	Sleeping
11:00 p.m.	Home	Me	Eating/Burping/diaper Change

Flour Baby Reflections

Honestly consider your experiences with the flour baby project and complete the questions below. Your responses should be in full sentences, with the question restated and proper grammar and spelling.

1. Explain how you felt with the added responsibility of caring for your flour baby (emotionally & physically).
2. What problems did you encounter with your flour baby during the project term?
3. What was the best thing (or experience) about the flour baby project? What was the worst or most difficult experience?
4. Do you think you can compare this experience to caring for a real baby? If so, how so? If not, why not?
5. What do you feel you have learned about parenting from this experience?

Flour Baby Log Sheet – Day 1

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
12.00am			
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Flour Baby Log Sheet – Day 2

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 3

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 4

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 5

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 6

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 7

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 8

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 9

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 10

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 11

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 12

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 13

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 14

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 15

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 16

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Flour Baby Log Sheet – Day 17

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 18

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Flour Baby Log Sheet – Day 19

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Flour Baby Log Sheet – Day 20

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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Flour Baby Log Sheet – Day 21

Hour	Where is the baby?	Who is the baby with?	What is the baby doing? What care is begin provided?
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